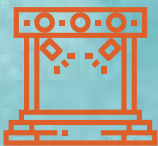


KISIMA FESTIVAL SCHEDULE

THURSDAY 9TH OCTOBER 2025



MAIN STAGE



BARAZA HUB



VALLEY STAGE



BAOBAB DECK &
BAOBAB STUDIO



TAMARIND TREE



KIDS

OTHER
VENUES

VENUE OPENS 10AM

OPENING CEREMONY

LUNCH AND MUSIC

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

8:00

9:00

STORYTELLING THROUGH
THEATRE- YTK

AFRIKAN YOGA
-ZAKA-

SOUL ORGASMS
-DR. SHIBANI-

DRUM CIRCLE
-HENRY-

TRUTH OR TREND? GUT
HEALTH EDITION -APRIL-

CREATIVE ART & CRAFT
-ELVIS-

AERIAL YOGA
-MUGISHA-

ANIMAL MOVEMENT
-FELA-

ART AND THE SELF
-BAIBUI-

THE RITE OF REWEAVING
-KAYA & NICOLE-

THE SHADOW SIDE
(SHADRIPU)
-REBEKAH-

FLOW MOVEMENT
-VICTOR-

HEALING WITH HORSES
-KERSTIN & LINDA-
***HORSE FOREST

DANCES OF UNIVERSAL
PEACE
-SHAYUR, FELA, & NARI-

VINYASA FLOW
-TAMARA-

KUNDALINI ENERGY
TRANSMISSION -ERICA-

ABUNDANCE FOR
CREATIVES
-NEHA-

CONSCIOUS BUSINESS &
CLIMATE ADAPTATION
-TOMMASO-

KALIMBA CIRCLE
-BRETHREN & NJERI-

TRADITIONAL CLEANSING
-MIJIKENDA- ***THE TREE
OF LIFE

LIVE MUSIC

BENEATH THE BAOBABS, KILIFI, KENYA

FRIDAY 10TH OCTOBER 2025



MAIN STAGE



BARAZA HUB



VALLEY STAGE



BAOBAB DECK &
MUSIC STUDIO



TAMARIND TREE



KIDS

OTHER
VENUES

6:00						
7:00			AWAKE AWARENESS HATHA YOGA -REBEKAH-			
8:00	AERIAL YOGA -MUGISHA-	WIM HOF BREATH WORK + ICE BATH -HEATHER-		HATHA KRIYA YOGA -DANNY-		
9:00						
10:00	AERIAL SILK -SADDY & NICK-	ARM BALANCES -TAMARA-	ROSE CREATIVE RITUAL -CHANDVI-	PARTNER YOGA + HEARTSYNC WITH LIVE HANDPAN -MELINA-	HEALTH COACHING: SUPPLEMENT YOUR LIFE: JOURNALING -ORIANE-	LEADERSHIP STYLE WITH HORSES -KERSTIN & LINDA- ***HORSE FOREST
11:00		SHIATSU WORKSHOP -KATE-	UTERINE MEMORIES HEALING -PAU-		UNITY WITHIN, UNITY TOGETHER: A SOMATIC BREATHWORK JOURNEY -MELISSA-	CHILDREN'S MOVEMENT -FIRE DANCE -MUKENDI-
12:00	GAMES NDIO TUBONGE (PLAY THERAPY) -G4MH	SOUND HEALING -NARISSA.	SER ENERGY TRANSMISSION -AGUSTIN-	LOVE STORIES -ZAITUNI-	UNITING YOUR PRESENT & PAST: GROUP COACHING -LIEKE-	CHEZA NGOMA ZA KENYA -FURAH & FELA-
1:00						TEA CIRCLE -SISI- ***THE TREE OF LIFE
2:00	LUNCH BREAK 1- 3PM LIVE MUSIC					
3:00					INTEGRATION SESSION G4MH	MINDFUL EATING -JAINI-
4:00	KATUUYO TRADITIONAL AFRICAN DANCE -WALAKIRA-	LEAD THE WAY: A PRACTICAL FRAMEWORK FOR UNITY, RESULTS AND IMPACT -IDA-	IPSALU TANTRA KRIYA YOGA "JOY OF TRUST" -SIS TIBEBWA-	LUTSAGA MIJIKENDA MUSIC & HEALING	PAST LIVES -NEHA-	KIDS ARE THE BEES KNEES -JASON
5:00	MOVEMENT AND STORY -YTK	DANCEHALL -VICTOR-	EMBODYING CONSENT -ZOE & NELSON-	CACAO CEREMONY -CHANDVI-	RESOURCE ALLOCATION -GRASSROOTS-	ZEN PLAYTIME FOR WATOTO -VANESSA-
6:00						CAPOEIRAç -SALIM-
7:00	KALIMBA CIRCLE -BRETHREN & NJERI-	LIBERATION BODY WORK -MUGISHA-	THE UNIVERSE OF ESSENTIAL OILS -MARIA-	ECSTATIC DANCE -SHAYUR-		
8:00	LIVE MUSIC					
9:00						

SATURDAY 11TH OCTOBER 2025



MAIN STAGE



BARAZA HUB



VALLEY STAGE



BAOBAB DECK & MUSIC STUDIO



TAMARIND TREE



KIDS

*FACEPAINTING,
PADDLING POOL AND
PLAY ALL DAY

OTHER VENUES

6:00				RESTORATIVE YOGA -TAMARA-		
7:00	AERIAL YOGA -SADDY & NICK-	WIM HOF BREATH WORK + ICE BATH -HEATHER-				
8:00				KRIYA YOGA & SOUND MEDITATION -VANESSA & DANNY-		
9:00	AERIAL TRAPEZE -MUKENDI-	ANIMAL MOVEMENT -FELA-	MINDFUL EATING -JAINI-		MICROBES & YOU: YOUR HEALTH & INVISIBLE ALLIES -APRIL-	MINDFULNESS -ELVIS-
10:00				SHAMANIC SOUND JOURNEY -NARISSA-		GAMES NDIO TUBONGE (PLAY THERAPY) -G4MH
11:00	KATUUYO TRADITIONAL AFRICAN DANCE -WALAKIRA-	COLLABORATIVE POETRY: EXPRESSIVE ARTS -JORDAN-	IPSALU TANTRA KRIYA YOGA "CONSENT AND AGREEMENT" -SIS TIBEBWA-	-DILLIE- MUSIC AND SPIRITUALITY	HEALING FROM ADDICTION -FAREED-	DEEP CONNECTION WITH SELF, HORSES & COMMUNITY -KERSTIN & LINDA- ***HORSE FOREST
12:00						
1:00	PERCUSSION MUSIC OF CAPOEIRA ANGOLA -SALIM-	FLOW MOVEMENT -VICTOR-	ALCHEMICAL BREATHING -PAU-	THE RITE OF REWEAVING -KAYA & NICOLE-	INSPIRING TRUE COMMITMENT IN TEAMS -IDA-	AFRIKAN YOGA -ZAKA-
2:00	LUNCH AND LIVE MUSIC				INTEGRATION SESSION G4MH	PLAYGROUND FOR THEATRE - YTK
3:00	CHEZA NGOMA ZA KENYA -FURAHA & FELA-	SACRED TOUCH: THAI YOGA MASSAGE EXPERIENCE -MELINA -	PROPHECY & FUTURISM -NEHA-	INNERSPACE TRANCE MISSIONS -BRETHREN & NJERI-	PENDULUM DOUSING -DR. SHIBANI-	KIDS PARTNER YOGA -SISI-
4:00						DRUM CIRCLE -HENRY-
5:00	AERIAL SILK -SADDY & NICK-	NAVIGATING DISCRIMINATION: THEATRE OF THE OPPRESSED -ZOË & NELSON-	PLANT AND SENSE -BAIBUI-	BIODIVERSITY -GREEN HEART /LACHIE-	JASON- BEES AND HONEY	TRADITIONAL SAUNA -MIJIKENDA- ***THE TREE OF LIFE
6:00			BELLY DANCE -LINDA-	GRIEF CIRCLE -NAZIZI-	MAPPING WORKSHOP ON EARTH SPIRIT & SELF ENERGY -ORIANE-	
7:00						
8:00	LIVE MUSIC					
9:00						

SUNDAY 12TH OCTOBER 2025



MAIN STAGE



BARAZA HUB



VALLEY STAGE



BAOBAB DECK &
MUSIC STUDIO



TAMARIND TREE



KIDS

OTHER
VENUES

6:00				KRIYA MEDITATIONS -DANNY-		
7:00						
8:00	AERIAL YOGA -SADDY & NICK-	AFRIKAN YOGA -ZAKA-		LIBERATION BODY WORK (QI GONG) - MUGISHA-		
9:00						
10:00	FIRE DANCE WORKSHOP -MUKENDI-	INVERSIONS ASANAS EXPLORATIONS . ORIANE	DRUM CIRCLE -HENRY.-	SPIRITUAL COMMUNITY CIRCLE "TAKE ME TO CHURCH" -FURAHA & SAHAR-	THE SCIENCE OF BREATHING -REBEKAH-	YTK
11:00						
11:00		CAPOEIRA ANGOLA -SALIM-	FAMILY CONSTELLATIONS -CHANDVI-	MUSIC & INTER-CULTURAL MEMORY -MEKATILILI-	TALK ON HERBS -PLANT MILF-	KATUUYO TRADITIONAL AFRICAN DANCE -WALAKIRA-
12:00						
12:00	YTK	CONTACT IMPROVISATION -SHAYUR-	TANTRA -PAU-	ALL DAY HEALING DANCE	EMOTIONAL EATING -JAINI-	THEATRE OF THE OPPRESSED: NAVIGATING CHALLENGES AT SCHOOL - ZOË & NELSON-
1:00						TEA CIRCLE -SISI- ***THE TREE OF LIFE
2:00	LUNCH, UNITY PANEL AND POETRY					
3:00						
3:00	GAMES NDIO TUBONGE (PLAY THERAPY) -G4MH	ALCHEMY OF SOUND: EXPRESSIVE ARTS -JORDAN-	COGNITIVE BEHAVIOURAL HYPNOTHERAPY -VANESSA-		INTEGRATION SESSION -G4MH	MUSIC AND BREATH -NARISSA-
4:00						
4:00				ALL DAY HEALING DANCE	RESOURCE ALLOCATION -GRASSROOTS-	EMOTIONAL INTELLIGENCE FOR KIDS -SIS TIBEBWA-
5:00	AERIAL SILK -SADDY & NICK-	YIN YOGA & HANDPAN SOUND JOURNEY -MELINA-	JOURNEY THE SRI YANTRA -DR, SHIBANI-		LEADING WITH HEART: EMOTIONAL INTELLIGENCE AS A BRIDGE TO UNITY -IDA-	PLANT AND SENSE -BAIBUI-
6:00						TINY FRIENDS INSIDE US: DISCOVERING THE MAGIC OF MICROBES -APRIL-
7:00	CLOSING CEREMONY					
8:00	LIVE MUSIC					